

# BIO-DATA

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**PROF. RAKESH KUMAR [JAIN]**

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**MOTTO:** *To create new knowledge and serve humanity.*

**INNOVATIONS:**

1. *Cognitive Drill Therapy*
2. *Recovery Focused Behavior Therapy*
3. *Simplified Rorschach Scoring System for Beginners*
4. *Methods of Hypnotic Induction and Regression*



**PROFESSIONAL SKILLS:**

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|---------------------------------------|------------------------------------|
| 1. Cognitive Drill Therapy            | 2. Management of OCD & Phobia      |
| 3. Hypnotherapy                       | 4. Single Subject Research Designs |
| 5. Past Life Regression               | 6. Primary Skills in SPSS          |
| 7. Rorschach Inkblot Test             | 8. Wordpress Website Management    |
| 9. Recovery Focused Behaviour Therapy | 10. Creative Therapeutic Thinking  |

**VISION STATEMENT:**

1. *To encourage awareness, training, research and applications of applied clinical psychology*
2. *To develop advanced research, training and treatment facilities to serve persons with anxiety disorders specifically phobia and OCD.*
3. *To demystify hypnosis and promote research, training and applications of hypnotherapy*
4. *To establish global academic, training and research collaboration.*
5. *To encourage novel thinking in applied clinical psychology*
6. *To train psychologists and counselors on management of anxiety disorders specifically phobia and OCD*
7. *To develop audio, video, virtual and text content on anxiety disorders for public awareness and training of professionals.*
8. *To promote Clinical Health Psychology*

**PHILOSOPHY ABOUT TEACHING:**

To encourage students to conceptualize basic to advanced concepts; learning by doing not merely by reading and listening; encourage students for creative expressions and scientific testing of novel ideas, encourage curiosity and self-directed learning by students, encourage scientific reasoning, allow students to observe the teachers in action in clinical practice specifically therapy demonstrations, discuss concepts with students and allow them to critically evaluate the ideas, listen to the students, strive to make competent professionals and good human being, Scientist-Practitioner Model and much more.

**ACADEMIC QUALIFICATIONS:**

1. M.A. in Psychology, CCS University, Meerut, 1985
2. M.Phil in Medical & Social Psychology, Central Institute of Psychiatry, Ranchi, 1989
3. Ph.D. in Psychology, Utkal University, 1997.

**POSITIONS HELD:**

1. Professor, Department of Psychology, Gurukula Kangri (Deemed to be University), Haridwar-249404 (Since 1 April 2021)
2. HoD and Senior Clinical Psychologist, Department of Clinical Psychology, Institute of Mental Health and Hospital, Agra-282002 (20/1/98 to 31/3/2021) RCI Approved UP018
3. Assistant Professor of Clinical Psychology, Chetana College of Special Education, Bhubaneswar-751013 (3/3/90 to 18/1/98) RCI Approved: OR002

**TEACHING, RESEARCH & CLINICAL EXPERIENCE:** 33 years

**PH.D. SUPERVISION EXPERIENCE:**

| Sl. | Particulars   | Regd | Award |
|-----|---|------|-------|
| 1.  | Ruchi Jain: <i>Diagnostic indicators on SIS-I and Rorschach among children with attention deficit hyperactivity disorder.</i> Guide: Dr. Beer Singh. CCS University | 2000 | 2004  |
| 2.  | Jashobanta Mohapatra: <i>Efficacy of SIS-I in Discriminating Schizophrenia and Mood Disorders.</i> Guide: Prof. P.Mishra. Sambalpur University                      | 2004 | 2009  |
| 3.  | Sunita Kandhari: <i>Development of A Comprehensive Scoring System for SIS-I.</i> Guide: Dr. Jyotsna Sharma. CCS University  | 2004 | 2008  |
| 4.  | Preeti Sharma: <i>Nature and Functions of Recurrent Dreams.</i> Guide: Dr. Uma Rani. CCS University   | 2005 | 2012  |
| 5.  | Vikas Sharma: Effects of hypnotherapy on malignancy and associated conditions. Guide: Dr. PranavPandya. Dev Sanskriti Vishwavidyalaya                               | 2012 | 2017  |
| 6.  | Shraddha Tripathi: Effects of hypnotic regression on phobia and anxiety symptoms in adults. Guide: Dr. Pranav Pandya. Dev Sanskriti Vishwavidyalaya                 | 2012 | 2017  |
| 7.  | Pooja Mahour: Identification of predictors of cognitive insight in schizophrenic patients. Guide: Dr. Prama Sharma. Dev Sanskriti Vishwavidyalaya                   | 2012 | 2017  |
| 8.  | Ruchi Jain: Correlates of hypnotizability in young adults. Mewar University   | 2011 | 2019  |
| 9.  | Sachin Panchal: Relationship of attachment styles, negative emotions, and cognitive emotion regulation in adolescents. Guide: Dr. Kumkum Pareek. CCS University     | 2016 | 2021  |
| 10. | Kiran Srivastava: An analytical study of insight in schizophrenia in relation to executive function and meta-cognition. Guide: Dr. Rakesh Kumar. Mewar University   | 2014 | 2022  |

| PH.D. SCHOLARS – CONTINUING |   |      |   |
|-----------------------------|---|------|---|
| 1.                          | Radhika Sharma: Psychological correlates of helplessness and hopelessness with self-efficacy as moderating variable in University students. Gurukula Kangri (Deemed to be University), Haridwar | 2021 | x |
| 2.                          | Mohit Kumari: Emotional States and Family Environment as Determinants of Adjustment and Suicide Ideation in Adolescents   | 20?? | x |
| 3.                          | Sampdata Vijayvergiya: Psychosocial Factors and Experiences Associated with Acne in Young Adults  | 2022 | x |
| 4.                          | Vipin Kumar: Effects of Yogic Practices on Positive Attributes in Young Adults  | 2022 | x |
| 5.                          | Shivi Tyagi: Role of Anasakti, Spirituality, Emotional Intelligence and Personality in Career Decision Making Self-efficacy among University Students   | 2022 | x |
| 6.                          | Anjalee: Effects of Online Gaming on Cognitive and Emotional Functioning in Adolescents and Young Adults.   | 2022 | x |

| M.D. IN PSYCHIATRY THESIS: CO-SUPERVISION                      |                         |   |      |                       |
|--|-------------------------|---|------|-----------------------|
| 1.   | Dr. Nitesh              | Temperament in character dimension in patients with schizophrenia with and without aggressive behaviour : A comparative study                         | 2015 | Prof. Sudhir Kumar    |
| 2.   | Dr. Ritika              | Cognitive flexibility and motor inhibition in OCD and their unaffected first degree relatives   | 2016 | Prof. Sudhir Kumar    |
| 3.   | Dr. Amit Meshram        | Working memory impairment as an endophenotype in schizophrenia  | 2017 | Prof. Sudhir Kumar    |
| 4.   | Dr. Avichal             | Relationship of psychopathology and cognitive impairment with neurological soft signs in patients with schizophrenia.                                 | 2017 | Prof. Sudhir Kumar    |
| 5.   | Dr.ArtiYadav            | Efficacy of adjunctive low frequency rTMS over supplementary motor area in treatment of obsessive compulsive disorder: A Randomized prospective study | 2019 | Prof. Sudhir Kumar    |
| 6.   | Dr. Avinash C.Negi      | Knowledge and attitude of relatives of patients with psychiatric illness towards electroconvulsive therapy  | 2019 | Dr. Anil Sisodia      |
| 7.   | Dr. Pradeep Kumar Verma | Prevalence od psychiatric co-morbidity, quality of life and disability in patients of bipolar disorder  | 2019 | Dr. Anil Gaur         |
| 8.   | Dr. Saurabh Ahlawat     | Medication compliance in psychiatric out patient with psychoactive substances use comorbidity: A cross-sectional study                                | 2019 | Dr. Anil Gaur         |
| PG DIPLOMA IN CLINICAL PSYCHOLOGY DISSERTATIONS:CO-SUPERVISION |                         |   |      |                       |
| 9.   | NidhiLathey             | Rorschach profile in schizophrenics   | 1999 | Prof. Sudhir Kumar    |
| 10.  | Vibha Sharma            | Comparison of human figure drawing among manics, depressives and controls   | 1999 | Prof. Sudhir Kumar    |
| 11.  | Varsha Sharma           | Rorschach profile in psychotics   | 1999 | Prof. Sudhir Kumar    |
| 12.  | Ahamad Sameer           | Case studies in Cognitive Drill Therapy,Barkatullah University  | 2009 | Prof. Bhupinder Singh |

| <b>.DNB IN PSYCHIATRY THESIS: CO-SUPERVISION</b> |                      |   |             |                    |
|--|----------------------|---|-------------|--------------------|
| <b>Sl.</b>                                       | <b>Candidate</b>     | <b>Thesis/ Dissertation Title</b>   | <b>Year</b> | <b>Supervisor</b>  |
| 1.   | Dr. Prasant Shukla   | Comparison Cognitive functions in Patients, First Degree relatives and controls of Bipolar Affective disorders  | 2011        | Prof. Sudhir Kumar |
| 2.   | Dr. Pramit Jain      | Quality of Life in Patients with Bipolar affective disorder in remission  | 2011        | Dr. O.P. Gangil    |
| 3.   | Dr. Ashutosh Singh   | Neurological soft signs in schizophrenia and bipolar disorder: A comparative study  | 2012        | Dr. Anil Sisodia   |
| 4.   | Dr. Rashmi Chaudhary | Predictors of well being in spouses of chronic schizophrenic patients   | 2012        | Prof. Sudhir Kumar |
| 5.   | Dr. Ashutosh Singh   | Neurological soft signs in schizophrenia and bipolar disorder: A comparative study  | 2012        | Anil Sisodia       |
| 6.   | Dr. Ananya Chaudhary | Assessment of Prodromal syndromes and Neurological soft rights in first degree relatives of patients with schizophrenia   | 2013        | Prof. Sudhir Kumar |
| 7.   | Dr. Seema Parija     | Burden and expressed emotion in caregivers of schizophrenia and bipolar affective disorder patients: A comparative study  | 2013        | Dr. O.P. Gangil    |
| 8.   | Dr. Puneet Chowdhary | Comparative Study of Phenomenology of Cannabis Induced Psychosis with Bipolar Disorder and Schizophrenia  | 2013        | Prof. Sudhir Kumar |
| 9.   | Dr. Sreeraj          | Anxiety and Impulsivity as endophenotype in Bipolar disorder  | 2013        | Prof. Sudhir Kumar |
| 10.  | Dr. Shiv Prasad      | A study of Factors associated with treatment adherence in patients suffering from schizophrenia   | 2014        | Dr. Anil Sisodia   |
| 11.  | Dr. D.B. Tiwari      | Prevalence of metabolic syndrome in drug naive patients with schizophrenia  | 2014        | Dr. DM.S. Rathor   |
| 12.  | Dr. Muzahid          | Prevalence of metabolic syndrome in drug naive and drug free patients of Bipolar disorder: A cross sectional study  | 2015        | Dr. D.M.S.Rathor   |
| 13.  | Dr. Akhil Menia      | Disability and Executive functions in Schizophrenia : A cross sectional study   | 2016        | Dr. Anil Sisodia   |
| 14.  | Dr. Rohit            | Executive functions in unaffected first degree relatives of patients with schizophrenia & Bipolar affective disorder : A comparative study  | 2016        | Prof. SudhirKumar  |
| 15.  | Dr. Anjana Kavoor    | Suicidality, Aggression and Impulsivity in acutely symptomatic drug naive patients with schizophrenia : their relationship with lipid profile and Body mass Index in an Indian Population | 2016        | Prof. Sudhir Kumar |
| 16.  | Dr. Rajkumar Sahoo   | Relationship of dissociation and childhood trauma in patients with schizophrenia  | 2017        | Dr. Anil Sisodia   |

## CONTRIBUTION TO CURRICULUM DEVELOPMENT

|   |   |  |
|---|---|--|
| 1 | Member, Expert Committee of Clinical Psychology & Rehabilitation Psychology, Rehabilitation Council of India, New Delhi Years 2014-2016 & 2018 & 2022 | M.Phil in Clinical Psychology and Rehabilitation Psychology Courses  |
| 2 | Member Expert Committee, Rehabilitation Council of India, New Delhi.  | A module for training in mental illness for <i>"In-Service Training and Sensitization of Key Functionaries of Central and State Governments, Local Bodies and Other Service Providers"</i> . |
| 3 | Expert Committee, IGNOU   | Program and Course Structure for the Six-month Training Program of JNV-NVS Teachers, 19-20 July 2021   |
| 4 | Special Invite, BoS, CCS University, Meerut, 2022   | P.G. and Diploma Syllabus  |
| 5 | Department of Psychology, Gurukula Kangri (Deemed to be University), Haridwar, 2022   | U.G. and P.G. Syllabus   |
| 6 | Swami Ram Himalayan University on 2022  | Ph.D. in Clinical Psychology   |
| 7 | Member, BoS, CCS University, Meerut, 2023   | Ph.D. Coursework   |
| 8 | Department of Psychology, Gurukula Kangri (Deemed to be University), Haridwar, 2023   | Ph.D. Coursework   |

## PROFESSIONAL AWARDS/RECOGNITION:

| SL | AWARD  | YEAR | CONFERRED BY   |
|----|--|------|--|
| 1. | <b>Research Award</b> in Recognition of Major Contribution to the Advancement of the Somatic Inkblot Series.                 | 2004 | <b>Somatic Inkblot Society</b><br>5 <sup>th</sup> SIS International Conference, Kochi, November 27, 2004   |
| 2. | <b>Research Award</b> in Recognition of Major Contribution to the Advancement of the Somatic Inkblot Series.                 | 2008 | <b>Somatic Inkblot Society</b><br>6 <sup>th</sup> SIS International Conference, RINPAS, Ranchi, 9-11 February 2008   |
| 3. | Most Prestigious Prof. <b>HN Murthy Oration Award</b> for significant contribution in the area of Cognitive-Behavior Therapy | 2017 | <b>Indian Association of Clinical Psychologists</b><br>National Annual Conference of Indian Association of Clinical Psychologists, Coimbatore 27-29 January 2017 |
| 4. | <b>Innovative Scientist Award</b> for Cognitive Drill Therapy  | 2017 | <b>Indian Academy of Health Psychology</b><br>International Conference of Indian Academy of Health Psychology, National PG College, Lucknow, 12-14 November 2017 |
| 5. | <b>50 ICONS</b> of Clinical Psychology in India <b>Felicitation</b>  | 2018 | Golden Jubilee National Annual Conference of Indian Association of Clinical Psychology, Gautam Buddha University, Greater Noida; 25 February 2018                |
| 6. | <b>Somatic Inkblot Society International Award</b>   | 2020 | Somatic Inkblot Society, International Conference on Projective Psychology, SGT University, Gurugram 30 January 2020   |

**BOOKS AUTHORED:**

| Sl.   | Title  | Year | ISBN-13        | Publisher   |
|---|--|------|----------------|---|
| 1   | <b>Rorschach Inkblot Test:</b> A Guide to Modified Scoring System. [No. of Page:159] | 2010 | 978-8190992305 | National:<br>Prasad Psycho Corporation, New Delhi |
| 2*  | <b>Power Hypnosis:</b> A Clinical Approach. [No. of Page:156]                        | 2011 | 978-1466435124 | Self-Published                                    |
| 3*  | A Glorious Journey of <b>Past Life Regression</b> . [No. of Page:228]                | 2016 | 978-1533342201 | Self-Published                                    |
| 4*  | <b>Cognitive Drill Therapy.</b> [No. of Page:132]                                    | 2016 | 978-1539554219 | Self-Published                                    |
| * Soft copies of these three books in PDF format are being distributed as Free Gift |  |      |                |   |

**RESOURCE PERSON/INVITED LECTURES:**

| SL. | VISITING FELLOWSHIPS  | LEVEL      |
|-----|---|------------|
| 1.  | Visiting Fellowship, Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar. 27/1/2005 to 8/2/2005 | University |
| 2.  | Visiting Fellowship, Department of Psychology, M.D. University, Rohtak. 25/3/2006 to 31/3/2006                    | University |
| 3.  | Visiting Fellowship, Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar 29 /1/2007 to 9/2/2007 | University |
| 4.  | Visiting Fellowship, Centre of Health Psychology, Central University of Hyderabad. 4/3/2013 to 8/3/2013           | University |
| 5.  | Visiting Fellowship, Centre of Health Psychology, Central University of Hyderabad. 5/2/2018 to 9/2/2018           | University |

**Invited Lectures/ Resource Person in Seminars/ Conferences/ Workshops**

|     |   |            |
|-----|---|------------|
| 1.  | Workshop on Past Life Regression, Sanjeevani, Lucknow 15 & 16 February 2003.  | National   |
| 2.  | Past Life Regression in National Workshop in Institute of Human Behavior and Allied Sciences, Delhi, February 2006.                       | National   |
| 3.  | National Seminar on Psychophysiology of Well-being, Department of Psychology, M.D.University, Rohtak, 28 & 29 March 2006. Keynote Address | National   |
| 4.  | Two Day Workshop on Hypnosis and Cognitive Behavior Therapy, VBS Purvanchal University, Jaunpur. 18-19 April 2006                         | University |
| 5.  | Two day workshop on Hypnosis and Past Life Regression, Department of Psychology, Lucknow University, September 2007                       | University |
| 6.  | One Day Workshop on Hypnosis and Past Life Regression in RGPG College, Meerut, December 2007.   | College    |
| 7.  | TechFest 2010 Ozone Hub, Indian Institute of Technology (IIT), Powai, Mumbai 24th January 2010.   | National   |
| 8.  | One day workshop on Hypnosis, Agra College, Agra. February 2010   | College    |
| 9.  | Seven Day National Workshop on Psycho-spiritual Therapies, CCS University, Meerut. March 2010   | National   |
| 10. | National Conference on Mental Health and Wellbeing: Recent Trends in Intervention. Agra College, Agra, 6-7 February 2012                  | National   |

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|-----|--|------------|
| 11. | Two Day workshop on Hypnosis & Past Life Regression in M.G.KashiVidyapith, Varanasi 16-17 April 2012   | University |
| 12. | Two Day National workshop on Hypnosis and Past Life Regression, Department of Psychology, National PG College, Lucknow 7-8 February 2014   | National   |
| 13. | One day workshop on Hypnosis and Wellbeing. Department of Psychology, M.D. University, Rohtak 27 <sup>th</sup> March 2014  | University |
| 14. | UGC (CPE) Seven Day National Workshop on Psychological Problems, Diagnosis and Management. Delivered Lectures for two Day on Hypnosis and Past Life Regression, Department of Psychology, Ismail PG College, Meerut 28-29 March 2014 | National   |
| 15. | Resource Person, Doctoral Conference on Current Trends in Management & Information Technology, Hindustan Institute of Management & Computer Studies, Mathura. May 2014   | National   |
| 16. | Two Day National workshop on Hypnosis and Past Life Regression. Institute of Psychology, Noida, June 20-21, 2014   | National   |
| 17. | Three Day program on Hypnosis and Past Life Regression, Mental Health Institute, SCB Medical College, Cuttack. 8, 10 & 11 September 2014   | Institute  |
| 18. | One day workshop on "Clinical Hypnosis" on 17 March 2015 in Department of Applied Psychology, South Campus, University of Delhi  | University |
| 19. | Two Day workshop on Hypnosis and Past Life Regression at Bhopal organized by Indian Institute of Psychology, Noida. 7-8 August 2015.   | National   |
| 20. | Invited Address on "Psychological consequences in female victims of crime" in National Seminar on Crime Against Women: Issues, Challenges and Intervention. Digamber Jain, College, Baraut (Baghpat) 1-2 November 2015               | National   |
| 21. | Workshop on Cognitive Drill Therapy, Mental Health Institute, SCB Medical College, Cuttack, 10 February 2016   | Institute  |
| 22. | Three Day National CRE on Neuro Biofeedback Therapy, Gautam Buddha University, Greater Noida. 3-5 March 2016   | National   |
| 23. | Two day workshop on Cognitive Drill Therapy. Psychowaves, Chandigarh. 7-8 May 2016   | National   |
| 24. | Resource Person, Doctoral Conference, Hindustan Institute of Management & Computer Studies, Mathura. July 2016   | National   |
| 25. | Two day workshop on Cognitive Drill Therapy, Regional Institute of Education, Bhopal 21-22 August 2016   | Institute  |
| 26. | One day workshop on Cognitive Drill Therapy for MSKB College, Muzaffarpur students in Agra 28 August 2016  | College    |
| 27. | Two day National workshop on "Hypnosis and Cognitive Drill Therapy" Department of PG Studies in Psychology, Digamber Jain College, Baraut 10-11 September 2016   | National   |
| 28. | Two day National workshop on Past Life Regression Therapy in Department of Psychology, MS University, Baroda. 11-12 October 2016   | National   |
| 29. | Two day workshop on "Cognitive Drill Therapy" Unique Psychological Services, Delhi 22-23 October 2016  | National   |
| 30. | One day workshop on "Cognitive Drill Therapy" in Mental Health Institute, SCB Medical College, Cuttack 1 December 2016   | Institute  |
| 31. | Workshop on "Cognitive Drill Therapy" in Department of Psychiatry, Kalinga Institute of Medical Sciences, Bhubaneswar in Collaboration with  | State      |



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|-----|---|-----------------------------------|
|     | Orissa State Branch of Indian Psychiatric Society. 2 December 2016  |                                   |
| 32. | Invited Lectures on "Cognitive Drill Therapy" for Two Day in Department of Clinical Psychology, Central Institute of Psychiatry, Ranchi. 5-6 December 2016  | Institute                         |
| 33. | Invited address on "Cognitive Drill Therapy" in International Conference of Indian Academy of Health Psychology, Gautam Buddha University, Greater Noida, 16 December 2016  | International<br>(Within country) |
| 34. | Seven Day National Workshop on Psycho-Yogic Therapies, Department of Psychology, CCS University, Meerut, 22-28 March 2017. Delivered lectures for two full Day on Cognitive Drill Therapy on 25 <sup>th</sup> March 2017 and on Hypnosis on 26/3/2017     | National                          |
| 35. | Rehabilitation Council of India approved Continuing Rehabilitation Education (CRE) in Department of Clinical Psychology, Mental Health Institute, Cuttack, Odisha 4-6 May 2017. Conducted Three sessions of Cognitive Drill Therapy.                      | National                          |
| 36. | Invited Lectures on Cognitive Drill Therapy in Regional Institute of Education, Bhopal 21-22 July 2017.   | Institute                         |
| 37. | Resource Person, Doctoral Conference, Hindustan Institute of Management and Computer Studies, Mathura, 28 July 2017   | National                          |
| 38. | Three day Targeted Training Program on Cognitive Drill Training in Defense Institute of Psychological Researches, Delhi. 13-15 September 2017   | National                          |
| 39. | Two Day National Workshop on Cognitive Drill Therapy and Hypnosis in Department of Psychology, University of Jammu, 6-7 October 2017  | National                          |
| 40. | One Day Pre-conference National Workshop on Cognitive Drill Therapy, International Conference of Indian Academy of Health Psychology, National PG College, Lucknow, 11 November 2017.   | National                          |
| 41. | Two Day Workshop on Cognitive Drill Therapy in Centre of Health Psychology, University of Hyderabad. 6-7 Feb 2018   | University                        |
| 42. | 10 Day National Workshop on "Psychological assessment and person enrichment" by Department of Psychology, DAV PG College, Varanasi 8-17 February 2018. On 14-15 February 2018; delivered lectures on Hypnosis and Cognitive Drill Therapy. (Two Sessions) | National                          |
| 43. | Workshop on Cognitive Drill Therapy in Golden Jubilee National Annual Conference of Indian Association of Clinical Psychology, Gautam Buddha University, Greater Noida; 24 February 2018.   | National                          |
| 44. | One Day workshop on Hypnosis, Department of Psychology, Amity University, Noida. 10 March 2018  | National                          |
| 45. | Cognitive Drill Therapy, Department of Clinical Psychology, Government Medical College & Hospital, Chandigarh. 13 <sup>th</sup> March 2018  | Medical College                   |
| 46. | Two Day Workshop on Cognitive Drill Therapy, Department of Psychology, University of Patanjali, Haridwar 28 & 29 April 2018.  | University                        |
| 47. | One Week National Workshop on Projective Techniques, Department of Psychology, CCS University, Meerut 14-20 May 2018. Conducted six sessions of two hours each on Rorschach Inkblot Test on 17-19 May 2018.   | National                          |
| 48. | One Day Workshop on Hypnosis organized by PG Department of Psychology, DJ College, Baraut in collaboration with Indian Academy of Health Psychology on 20 May 2018.   | College                           |



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| 49. | Two Day National Workshop on Cognitive Drill & Hypnosis conducted by Indian Academy of Health Psychology in collaboration with Department of Life Long Learning, University of Rajasthan, Jaipur, 2-3 September 2018 | National              |
| 50. | Two Day Workshop on Cognitive Drill, Regional Institute of Education, Bhopal 15-16 September 2018  | College               |
| 51. | Lecture on Rorschach Inkblot Test, Mental Health Institute, SCB Medical College, Cuttack, 6 October 2018   | College               |
| 52. | One Day Pre-conference National Workshop on Cognitive Drill Therapy, International Conference of Indian Academy of Health Psychology, Nashik 22 November 2018  | National              |
| 53. | National Consultative Meet, National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru 1-2 February 2019   | National              |
| 54. | One Day Workshop on Cognitive Drill Therapy, PG Department of Psychology, DG College, Baraut 23 February 2019  | College               |
| 55. | Two Day Workshop on Cognitive Drill Therapy and Hypnosis. Department of Psychology, University of Rajasthan, Jaipur. 3-4 March 2019  | University            |
| 56. | One Day Workshop on Hypnosis Therapy & Cognitive Drill Therapy MD University Rohtak 17 August 2019   | University            |
| 57. | One Day Workshop on Cognitive Drill Therapy, Amity University, Gwalior 11 <sup>th</sup> November 2019  | University            |
| 58. | Invited Speaker, National Seminar on Relevance and Challenges of Social Media: A Global Perspective, Meerut College, Meerut 23-24 November 2019  | National              |
| 59. | Resource Person, Postgraduate Diploma in Clinical Hypnotherapy, Charusat University, Vadodara 20-21 December 2019  | University            |
| 60. | Resource Person, Training Workshop on Role of Psychotherapy in Depression organized by Hindustan College of Management and Computer Studies and Somatic Inkblot Society  | College               |
| 61. | Resource Person, Pre-conference Workshop on Hypnotherapy, International Conference on Projective Psychology, SGT University, Gurugram 29/1/2020  | National              |
| 62. | International Conference on Projective Psychology, SGT University, Gurugram 30/1/2020, Chaired Session   | National              |
| 63. | Mental Health Issues in Covid-19. In National Seminar on Covid-19 Pre-post covid impact on physical and mental health. Organized by IQAC, 2022   | National              |
| 64. | Basic Counselling Skills, Department of Yogic Sciences, GKDU, 19-4-2022  | National              |
| 65. | Chaired a session, International Conference on Indian Traditional Yoga System, Theory and Practice, 24-26 May 2022 on 25th   | International         |
| 66. | Chaired a session of International Speaker in International Conference of Academy of Hypnosis, India 25 February 2023 Vadodara   | International [India] |
| 67. | Conducted a 4 days workshop for department students on hypnosis, 1-4 November 2022 GK (DTBU)   | University            |
| 68. | Conducted a pre-conference workshop on Hypnosis in International Conference of Indian Academy of Health Psychology on 21 December 2022 at Gautam Buddha University, Greater Noida                                    | National              |
| 69. | Conducted full day post conference workshop on Past Life Regression in International Conference of Academy of Hypnosis, India 27 February 2023 Vadodara  | National              |

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|---|---|---------------------------------|
| 70.   | Conducted half-day pre-conference workshop on Cognitive Drill therapy in International Conference of Academy of Hypnosis, India 24 February 2023 Vadodara   | National                        |
| 71.   | Cognitive Drill Therapy, Department of Psychology, CCS University, Meerut, 2023   | Department                      |
| <b>PARTICIPATION &amp; PAPERS PRESENTATION:</b> |   |                                 |
| 1.  | Kumar, R. (1990) "Community attitude towards sexuality and marriage in mentally retarded" Presented in the Seminar organized by Vocational Rehabilitation Centre, Bhubaneswar, October, 13, 1990                                  | State                           |
| 2.  | Kumar, R. (1992) "The practice of counselling" Presented in the Management Development Programme: Enhancing the Professional Capabilities of the NGO Executives. Society for Development Action. Baripada, November 12, 1992.     | State                           |
| 3.  | Kumar, R. (1992) "Dynamics of human behaviour" Presented in the orientation programme for family counsellors of Bihar and Orissa. National Institute of Social Work and Social Sciences, Bhubaneswar, November, 29, 1992          | State                           |
| 4.  | Kumar, R. (1995) "Areas of research in mental retardation" Presented in the workshop on CBR organized by CIMH, Bhubaneswar, November, 20-24, 1995   | State                           |
| 5.  | Kumar, R. (2002) "Past life regression therapy: An Indian experience" Presented in conference organized by Council of Behavioural Sciences, Agra, October, 17-19, 2002  | National                        |
| 6.  | Kumar, R. (2003) "Stressful life events and social support in first episode mania" Annual National Conference of Indian Psychiatric Society, Hyderabad 9-12 January 2003  | National                        |
| 7.  | Kumar, R. (2004) "An extended scoring system of SIS-I" Presented in 5 <sup>th</sup> International Conference of Somatic Inkblot Society, Kochi, November 26-28, 2004.   | International<br>[Within India] |
| 8.  | Kumar, R. (2006) Case Studies in Past Life Regression. National Workshop on Projective Techniques. Harprasad Institute of Behavioural Studies, Agra, 2006   | National                        |
| 9.  | Kumar, R. (2006) Enneatypes and Brain Types. Quality Improvement Program for Teachers. Hindustan College of Management and Computer Studies, Mathura, 2006  | National                        |
| 10.   | Kumar, R. (2007) Past life regression and well-being. National Seminar on Psychological Wellbeing. CAS in Psychology, Utkal University, Bhubaneswar, 5-7 February 2007  | National                        |
| 11.   | Mahapatra, J., Mishra, PK., Sahoo, D. Kumar, R. (2008) Determination of Ego Strength in Schizophrenia through SIS Indices. International Conference of Somatic Inkblot Society, Ranchi 9-11 February 2008                         | International<br>[Within India] |
| 12.   | Kumar, R. (2009) Hypnotic Regression in Pain Management: Case Reports, Poster Presented in ANCIPS 2009  | National                        |
| 13.   | S. Mohanty, R.Kumar, S.Kumar (2011) Social support and coping as predictors of well-being in spouses of persons with chronic schizophrenia. National Annual Conference of Indian Association of Clinical Psychologists, Ahmedabad | National                        |
| 14.   | Kumar, R. (2017) Experiences in Verbal Exposure for Stimulus Bound Anxiety. Oration delivered in National Annual Conference of Indian Association of Clinical Psychologists, Coimbatore. 28 <sup>th</sup> January 2017            | National<br>(Oration Award)     |

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| 15. | Jain, T & Kumar, R. (2018) Recovery Focused Behavior Therapy in Obsessive-Compulsive Disorder: A Case Study. Golden Jubilee Conference of Indian Association of Clinical Psychologists, Gautam Buddha University, Greater Noida 23-25 February 2018 | National                        |
| 16. | Khan, S., Rathor, DMS. & Kumar, R. (2018) Cognitive Drill Therapy in Mental Contamination: A Case Study. Golden Jubilee Conference of Indian Association of Clinical Psychologists, Gautam Buddha University, Greater Noida 23-25 February 2018     | National                        |
| 17. | Kumar, R. (2018) Verbal exposure to feared consequences in phobia. International Conference of Positive Psychology and Holistic Health, Agra 2/10/18  | International<br>[Within India] |
| 18. | Vipin Kumar and Rakesh Kumar (2023) Relationship between Triguna and Suggestibility Paper presented in International Conference of Academy of Hypnosis, India 25-26 February 2023 Vadodara  | International<br>[Within India] |
| 19. | Shivi Tyagi and Rakesh Kumar (2023) Spirituality and suggestibility among university students. Paper presented in International Conference of Academy of Hypnosis, India 25-26 February 2023 Vadodara   | International<br>[Within India] |
| 20. | Sandhya Verma, Pralabh Verma and Rakesh Kumar (2023) Treatment of social anxiety using cognitive drill therapy under hypnotic trance. Paper presented in International Conference of Academy of Hypnosis, India 25-26 February 2023 Vadodara        | International<br>[Within India] |
| 21. | Sampada Vijayvargiya and Rakesh Kumar (2023) Scope of hypnotherapy in psychodermatology: A conceptual paper Paper presented in International Conference of Academy of Hypnosis, India 25-26 February 2023 Vadodara                                  | International<br>[Within India] |
| 22. | Vipin Kumar and Rakesh Kumar (2023) Psychological studies on Triguna: A systematic review. Paper presented in National Conference on Knowledge, Cultural Traditions & Practices of India, GK (DTBU) 29-31 March 2023                                | National                        |

#### E-TEACHING/WEBINAR/LIVE STREAMING-RESOURCE PERSON:

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| 1. | <b>YouTube Channel:</b> OCD & Phobia Tips, <a href="http://cognitivedrill.com">http://cognitivedrill.com</a>  | 200+ Videos   |
| 2. | IAHP E-Academy Webinars Co-ordinated, <a href="http://iahp.in.net">http://iahp.in.net</a>   | 20 Webinars   |
| 3. | Optimizing Mental & Emotional Health during Lockdown Live stream on YouTube hosted by Department of Psychology, St. John's College, Agra on 27/4/2020   | National      |
| 4. | COVID 19 and Psychological Strategies for Acute Stress, International Webinar on Mental health and coping strategies during COVID-19 and lockdown, DAV College, Varanasi. 15th – 16 th MAY, 2020      | International |
| 5. | Psychosocial Impact of Covid-19, Web Conference on Psycho-social & Economic Impact of Covid-19, Organized by HCMS, SGI, Farah, 26/5/20  | National      |
| 6. | Cognitive Drill Therapy, International Webinar on Promoting Psychological Well-being: Recent Advances in Psychotherapies, Department of Applied Psychology, VBS Purvanchal University, 27-29 May 2020 | International |
| 7. | Live Youtube Streaming on Hypnosis, Self on 23/5/20   | -             |
| 8. | Understanding and accepting uncertainty of life. Amity, Gwalior. 8/6/20   | National      |
| 9. | Management of social anxiety, Centre of Open Learning, Delhi University, 20/6/20  | National      |

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| 10. | Positive Psychology, Building Bridges in Nations and within: Youth Perspective, AryaMahilla College, Varanasi, 25/6/20  | National   |
| 11. | Cognitive Drill Therapy, Dr. D. Y. Patil Arts, Commerce & Science College, Pune. 10-11 July 20202   | National   |
| 12. | Irrational Fears, TathagatSahachar, FB 21/7/20  | National   |
| 13. | Managing Irrational Fears, Indian Academy of Health Psychology, 20/8/20   | National   |
| 14. | Strategies for managing irrational fears, Community Psychology Association of India, 24/8/20  | National   |
| 15. | Cognitive Drill Therapy, Charusat University, Baroda, 29/8/2020   | National   |
| 16. | Mansa Global Foundation for Mental Health, 1/9/20   | National   |
| 17. | Psycho-social and family issues of the parents having children withintellectual and developmental disabilities during covid-19. SIRTAR, Rohtak, 22/9/20   | National   |
| 18. | Lets Rise Above Superstitious Beliefs, DivyaKarunaKalyanSamiti, 7/10/20   | National   |
| 19. | Hypnosis, Theosophy, Agra 08/10/20  | Local      |
| 20. | Mental Health Day, Rajasthan University, Jaipur 10/10/20  | National   |
| 21. | Cognitive Drill Therapy, Banaras Hindu University, Varanasi, 20/10/20   | National   |
| 22. | Common Psychological Issues in Academic Institutions: Nature and Management, Jammu University, 21/10/20   | National   |
| 23. | Psychology of criticisms, Being Mindful FB Live, 6/12/20  | National   |
| 24. | Cognitive Drill Therapy: Psychotherapy in Context of Special Children, RCI approved CRE, PGIMER, Chandigarh 15-5-2021   | National   |
| 25. | Symposium on Hypnotherapy, National Annual Conference of Indian Association of Clinical Psychologists, AFMC, Pune 30-5-2021 Attended  | National   |
| 26. | Psychotherapy Training in India, Invited Lecture by Prof LSS Manickam, NCIACP Pune, Chaired the session 29-5-2021   | National   |
| 27. | Extension Lecture on Neuropsychological testing, Department of Psychology, Ch Ranbir Singh University, Jind 9/6/2021  | University |
| 28. | Special lectures on Hypnosis, PG Students, GKV, Haridwar, 8 & 14 June 2021  | University |
| 29. | Yoga & Mental Health, FET, Gurukula Kangri University, 20 June 2021   | University |
| 30. | Yoga & Psychology, Three Power Point Presentations by PG Students and discussions on the occasion of International Yoga Day, 21 June 2021 for and by PG Students of the Department, Chaired the Session | University |
| 31. | Atul Verma, Unique Institute, Delhi, Invited lectures on preparation of M.Phil in Clinical Psychology and UGC-NET/JRF for PG Students, 17-18 June 2021, Chaired the Sessions                            | University |
| 32. | Prof. PK Khattri, Lucknow; Extension Lecture on Counselling and Career for PG Students, 23 June 2021, Chaired the Session   | University |
| 33. | PTSD Awareness Day, 27 June 2021 for PG Students, One PPT presentation; quotes on PTSD; two poems on PTSD; drawing poster made by a student on PTSD; play on PTSD and discussions, Chaired the Session  | University |
| 34. | Cognitive Drill Therapy, Regional Institute of Education, Bhopal., 2-3 August 2021  | Institute  |
| 35. | Expert Member, Project Committee Meeting, Defense Institute of Psychological Research, New Delhi, 19 August 2021  | -          |

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| 36. | Past Life Regression, YourDost 7 August 2021  | National              |
| 37. | Cognitive Drill Therapy, Internship of Postgraduate Diploma Course, BHU. 21/9/2021  | University            |
| 38. | Mental Health Issues in Covid-19. In National Seminar on Covid-19 Pre-post covid impact on physical and mental health. Organized by IQAC, GKV 29-30 September 2021                              | National              |
| 39. | LOCF, Gurukula Kangri (Deemed to be University), Haridwar,  | University            |
| 40. | Living with Values, National Workshop for Teachers, Hema Foundation, 28/4/2022  | National              |
| 41. | As Chief Guest, Values, National Workshop for Teachers, Hema Foundation, 30/4/2022  | National              |
| 42. | Mindfulness, National Seminar on Covid-19: Pre and Post Covid Impact on Physical and Mental Health, 14-15 March 2022, Gurukula Kangri (Deemed to be University), Haridwar                       | National              |
| 43. | Speaker in Inaugural Ceremony of Academy of Hypnosis on 26/6/2022   | National              |
| 44. | Resource Person, CRE on Autism, Swami Ram Himalayan University on 2022  | National              |
| 45. | Served as Resource Person in Men's Mental Health Forum virtual meet on 5-12-2022  | National              |
| 46. | Delivered a talk on the occasion of World Suicide Prevention Day 10 September 2022 in AoH Clinical Meet   | National              |
| 47. | Delivered a lecture online as resource person on the topic 'Past life regression' to the students of PG Diploma in Clinical Hypnosis, Charusat, Vadodara, 17-12-2022                            | University            |
| 48. | Chaired a session of International Speaker in International Conference of Academy of Hypnosis, India 25 February 2023 Vadodara  | International [India] |
| 49. | Chaired the concurrent session in Manoprabha – International Virtual Conference in Psychology, organized by Shri Vaishnav Institute of Social Sciences, Humanities & Arts. December 2 – 3, 2022 | National              |
| 50. | Chairperson, International Conference of Academy of Hypnosis, India 2023  | International [India] |
| 51. | AoH Foundation Day, 2023. Delivered online lecture on history of hypnosis.  | National              |

#### **E-TEACHING/WEBINAR/LIVE STREAMING-PARTICIPATION:**

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| 1. | OCD in the time of Covid-19 pandemic: challenges in diagnosis and treatment, NIMHANS, 7/4/20                                | National      |
| 2. | Management of current pandemic (covid-19) and prevention of suicidal thoughts, NIMHR, Sehore, 30/4/20                       | National      |
| 3. | Psychosocial issues due to covid-19, NIMHR, Sehore, 1/5/20  | National      |
| 4. | Online Workshop on Data Analysis Using MS Excel, organized by CRIT, IIS (deemed to be University), Jaipur 27/4/20 to 3/5/20 | National      |
| 5. | Telepsychotherapy Practice, NIMHANS, 5/5/20   | National      |
| 6. | Are You Ready for the Shift? From in person to Tele-Counselling Services in the times of covid-19, IACP, 9/5/20             | National      |
| 7. | Webinar on Cognitive Behavior Therapy, Psychotherapy Subcommittee, Indian Psychiatric Society. 30/5/20                      | National      |
| 8. | WHO E-Course on Hand Hygiene, 31/5/20   | International |

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| 9.  | Behavioural Management of OCD, Tamil Nadu Association of Clinical Psychologists (TNACP), 24/5/20                             | National |
| 10. | Psychosocial Aspects of Organ Transplantation, TNACP, 25/5/20  | National |
| 11. | Individual and organizational strategies to deal with stress issues during corona phase, IGNTU, 26/5/20                      | National |
| 12. | Trauma Focused Therapy, TNACP, 27/5/20   | National |
| 13. | Cognitive Drill Therapy, Lovely Professional University, 28/5/20   | National |
| 14. | Psycho-sexual Therapy, TNACP, 29/5/20  | National |
| 15. | Psychoanalytic Psychotherapy: An Orientation, TNACP, 30/5/20   | National |
| 16. | Mental Health and LGBT: Emerging Era, TNACP, 1/6/20  | National |
| 17. | Assessing Client Suitability for Telepsychotherapy Services, NIMHANS, 3/6/20   | National |
| 18. | Psychological components of renal disease, TNACP, 3/6/20   | National |
| 19. | Neurofeedback for anxiety disorders, TNACP, 8/6/20   | National |
| 20. | The upside of stress: Staying psychologically fit and productive during the pandemic and beyond. Mizoram University, 10/6/20 | National |
| 21. | Neuropsychological Assessment of Intellectual Disability and its Rehabilitation-I, TNACP, 12/6/20                            | National |
| 22. | Psychological intervention module after amputation, TNACP, 14/6/20   | National |
| 23. | Behavioural management of problem behaviours of children with intellectual disability TNACP, 15/6/20                         | National |
| 24. | Neuropsychological Assessment of Intellectual Disability and its Rehabilitation-II, TNACP, 17/6/20                           | National |
| 25. | MCMI and its clinical applications. TNACP, 18/6/20   | National |
| 26. | Behavioural neuropsychology and its assessment, TNACP 20/6/20  | National |
| 27. | International Yoga Day, GKV FB Live. 21/6/20   | National |
| 28. | Narrative Exposure therapy for trauma, TNACP 21/6/20   | National |
| 29. | Psychological trauma, adolescents and PTSD TNACP, 26/6/20  | National |
| 30. | Neuropsychological Rehabilitation, TNACP, 28/6/20  | National |
| 31. | Sensate Focus Therapy, TNACP, 17/7/20  | National |
| 32. | Management of Erectile Dysfunctions, TNACP, 13/8/20  | National |
| 33. | CBT for forbidden thoughts in OCD, IPS State Branch, Orissa, 17/9/20   | National |
| 34. | Approaches to treatment of addiction in adolescents and young adults, IPS State Branch, Orissa, 22/10/20                     | National |
| 35. | Life Skill Training, IPS State Branch, Orissa, 29/10/20  | National |
| 36. | Hypnosis, IPS State Branch, Orissa 26-8-2021   | National |

#### PUBLISHED PAPERS IN UGC LISTED & OTHER JOURNALS:

| Sl. | Citations   | UGC |
|-----|---|-----|
| 1.  | <b>Kumar, R.</b> and Sharma, R.G. (1990) Pattern of memory deficits in paranoid and non-paranoid schizophrenia. Indian Journal of Clinical Psychology. 18(2) 55-57. ISSN: 03032582. UGC# 20738 <sup>\$</sup>  | Y   |
| 2.  | Kumar, R. and Mohanty, S. (1991) Behaviour problems among mentally handicapped persons attending educational institutions. <i>Perspectives in Psychological Researches</i> , 14 (2), 37-42. ISSN: 09711562 (PsyInfo Abstracted).  | X   |
| 3.  | <b>Kumar, R.</b> , Mohaptra, S. and Mohanty, S. (1992) Prevalence of behaviour problems among mentally retarded persons. <i>Social Science International</i> , 8, 1 & 2, 24-28 ISSN: 09701087 (PsyInfo Abstracted)  | X   |
| 4.  | <b>Kumar, R.</b> , Nayak, C. and Mohanty, S. (1992) Effect of token reinforcement programme in reducing abusive behaviour in a moderately retarded girl in home setting. <i>Perspectives in Psychological Researches</i> , 15(1), 34-37. ISSN: 09711562 (PsyInfo Abstracted). | X   |



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| 5.  | Pati, N.C., Mohanty, S. and <b>Kumar, R.</b> (1993) Rate of mental retardation in identification camps for the mentally retarded persons. <i>Perspectives in Psychological Researches</i> , 16, 46-48. ISSN: 09711562 (PsyInfo Abstracted).   | X |
| 6.  | <b>Kumar, R.</b> and Sharma, R.G. (1993) Intellectual functioning in paranoid and non-paranoid schizophrenics. <i>Perspectives in Psychological Researches</i> , 16, 46-48. ISSN: 09711562 (PsyInfo Abstracted).  | X |
| 7.  | <b>Kumar, R.</b> and Sharma, R.G. (1993) Memory in deteriorated schizophrenics. <i>Perspectives in Psychological Researches</i> , 16, 54-57 ISSN: 09711562 (PsyInfo Abstracted).  | X |
| 8.  | Mohanty, S., Pati, N.C., and <b>Kumar, R.</b> (1998) Effects of token economy on the rate of envelope making in the persons with mental retardation.14, 1 & 2, <i>Social Science International</i> , 84-97. ISSN: 09701087 (PsyInfo Abstracted).  | X |
| 9.  | <b>Kumar, R.</b> (2000) Meta-analysis of the findings on SIS-II. <i>SIS Journal of Projective Psychology and Mental Health</i> .7 (2),141-147. ISSN: 09716610. UGC# 48979.  | Y |
| 10. | Kumar, S., Mohanty, S., <b>Kumar, R.</b> , and Kumar, A. (2001) Gender differences in perceived burden of care among spouses of depressive patients. <i>Eastern Journal of Psychiatry</i> , 5, 26-28. ISSN: 09741313  | X |
| 11. | Kumar, S., Sharma, S., Kumar, A. and <b>Kumar, R.</b> (2001/2002) Somatization in depression- A nosographic study <i>Indian Journal of Behavioural Sciences</i> . 11/12: 73-77. ISSN: 23192062  | X |
| 12. | Kumar, S. Mohanty, S., and <b>Kumar, R.</b> (2003) SIS-I profile and its correlation with Rorschach in manic patients. <i>SIS Journal of Projective Psychology and Mental Health</i> , 10 (2), 201-204. ISSN: 09716610. UGC# 48979.   | Y |
| 13. | Srivastava, A.K., Mohanty, S., <b>Kumar, R.</b> and Kumar, S. (2003) Personality profile of spouses of schizophrenic patients. <i>Eastern Journal of Psychiatry</i> . 7, 74-77. ISSN: 09741313  | X |
| 14. | Kumar, S., Singh, R., Mohanty, S., Srivastava, A. and <b>Kumar, R.</b> (2003/2004) Stressful life events and social support in first episode mania. <i>Indian Journal of Behavioural Sciences</i> . 13/14:56-62. ISSN: 23192062   | X |
| 15. | <b>Kumar, R.</b> , Pati, N. C., & Mohanty, S. (2004). Efficacy of an Errorless Training Procedure on Acquisition and Maintenance of Money Naming by Mentally Retarded. <i>Social Science International</i> , 20(1), 48-54. ISSN:09701087  | X |
| 16. | Srivastava, A.K., Kumar, S. <b>Kumar, R.</b> and Singh, B. (2004) Neurocognitive dysfunction in chronic schizophrenics. <i>Indian Journal of Clinical Psychology</i> , 31 (2) 132-134. ISSN: 03032582. UGC# 20738 <sup>\$</sup>   | Y |
| 17. | Kumar, S., Sharma, V.D., Mohanty, S., and <b>Kumar, R.</b> (2004) A comparison of human figure drawing schizophrenic, manic and control groups. <i>SIS Journal of Projective Psychology and Mental Health</i> , 11 (1) 47-51. ISSN: 09716610. UGC# 48979.                               | Y |
| 18. | Kumar, D., Kumar, J. and <b>Kumar, R.</b> (2005) Diagnostic indicators on SIS-I and Rorschach among manic and depressive patients. <i>SIS Journal of Projective Psychology and Mental Health</i> , 12 (1) 53-60. ISSN: 09716610. UGC# 48979.  | Y |
| 19. | <b>Kumar, R.</b> (2005) An extended scoring system of SIS-I. <i>SIS Journal of Projective Psychology and Mental Health</i> , 12(2) 123-128. ISSN: 09716610. UGC# 48979.   | Y |
| 20. | Jain, R., Singh, B., Mohanty, S. and <b>Kumar, R.</b> (2005) Diagnostic indicators on SIS-I and Rorschach among the children with attention deficit hyperactivity disorder. <i>SIS Journal of Projective Psychology and Mental Health</i> , 12 (2) 141-152. ISSN: 09716610. UGC# 48979. | Y |
| 21. | <b>Kumar, R.</b> (2005) Rapid hypnotic induction: R.K.Method. <i>Indian Journal of Community Psychology</i> 1 (1), 10-18. ISSN: 09742719 UGC# 64804 <sup>\$</sup>   | Y |



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| 22. | Kumar, D., Dubey, B.L. and <b>Kumar, R.</b> (2006) Gender Differences in SIS-I Profile of Manic Patients. SIS Journal of Projective Psychology and Mental Health, 13 (1), 61-64. ISSN: 09716610. UGC# 48979.  | Y |
| 23. | Kumar, S. Singh, R., Mohanty, S. and <b>Kumar, R.</b> (2006) SIS-I and Rorschach in schizophrenia: A correlational study. SIS Journal of Projective Psychology and Mental Health, 13 (2), 120-124. ISSN: 09716610. UGC# 48979.  | Y |
| 24. | <b>Kumar, R.</b> and Singh, A. (2007) A comparison of SIS- I indices in normal children and adults. SIS Journal of Projective Psychology and Mental Health, 14 (1), 44-47. ISSN: 09716610. UGC# 48979.  | Y |
| 25. | Kumar, D., Dubey, B.L., and <b>Kumar, R.</b> (2007) Inter-correlations of nine indices. SIS Journal of Projective Psychology and Mental Health, 14 (1), 59-63. ISSN: 09716610. UGC# 48979.  | Y |
| 26. | Kumar, S. and <b>Kumar, R.</b> (2008) Institute of mental health and hospital, Agra: Evolution in 150 years. Indian Journal of Psychiatry, 50 (4), 308-12. ISSN: 00195545. UGC# 20859. . Refereed. <b>Thomson Reuter IF: 1.061</b>  | Y |
| 27. | <b>Kumar, R.</b> Kandhari, S. and Dubey, B.L. (2008) Estimation of the contribution of gender in productivity on SIS-I. SIS Journal of Projective Psychology and Mental Health, 15 (1), 48-51. ISSN: 09716610. UGC# 48979.  | Y |
| 28. | Kumar, S., Singh, R., Mohanty, S. Kumar, R. (2008) Correlates of spousal burden in schizophrenia and depression. <i>Praachi Journal of Psychocultural Dimensions</i> , 24, 85-87. ISSN: 09717064  | X |
| 29. | Kumar, D. and <b>Kumar, R.</b> (2009) Correlations between SIS-I and Rorschach Indices in Normal. SIS Journal of Projective Psychology and Mental Health. 16 (1), 55-57. ISSN: 09716610. UGC# 48979.  | Y |
| 30. | <b>Kumar, R.</b> (2009) Factor Structure of SIS-I in adults. SIS Journal of Projective Psychology and Mental Health, 16 (2), 124-127. ISSN: 09716610. UGC# 48979.   | Y |
| 31. | Mahapatra, J, Sahoo, D., Mishra, P.K. and <b>Kumar, R</b> (2009) SIS-I Indices as a Measure of Ego Strength in Schizophrenia, SIS Journal of Projective Psychology and Mental Health, 16 (2), 152-154. ISSN: 09716610. UGC# 48979.  | Y |
| 32. | Kandhari, S, Sharma, J., and <b>Kumar, R.</b> (2010) Discriminative power of the Comprehensive Scoring System for SIS-I. SIS Journal of Projective Psychology and Mental Health, 17 (1), 16-22. ISSN: 09716610. UGC# 48979.   | Y |
| 33. | Mahapatra, J, Sahoo, D., Mishra, P.K. and <b>Kumar, R</b> (2010) Assessment of ego strength through Rorschach indices in schizophrenia. SIS Journal of Projective Psychology and Mental Health, 17 (1), 23-26. ISSN: 09716610. UGC# 48979.  | Y |
| 34. | Kandhari, S, Sharma, J., and <b>Kumar, R.</b> (2010) Development of a Comprehensive Scoring System for SIS-I. SIS Journal of Projective Psychology and Mental Health, 17 (2), 120-125. ISSN: 09716610. UGC# 48979.  | Y |
| 35. | S. Kandhari, J. Sharma, <b>R. Kumar</b> and D. Kumar (2011) Gender Differences in SIS- I Profile of Normal Population, SIS Journal of Projective Psychology and Mental Health, 18 (1), 14-21. ISSN: 09716610. UGC# 48979.   | Y |
| 36. | Mahapatra, J., Sahoo, D., Mishra P.K. and <b>Kumar, R.</b> (2011) Evaluating Ego-Strength in Depression on SIS-I Indices, SIS Journal of Projective Psychology and Mental Health, 18 (1), 69-76. ISSN: 09716610. UGC# 48979.  | Y |
| 37. | Kandhari, S. Sharma, J. Kumar, D. Kandhari, N. and <b>Kumar, R.</b> (2012) Efficacy of Comprehensive Scoring System for SIS-I in Discriminating Mania, Schizophrenia and Depression. SIS Journal of Projective Psychology and Mental Health, 19 (1), 35-42. ISSN: 09716610. UGC# 48979. | Y |

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| 38. | <b>Kumar, R.</b> Singh, B and Sameer, A (2012) Preliminary Test of a Cognitive Drill as an Intervention. Indian Journal of Clinical Psychology, 39 (1), 67-74. ISSN: 03032582. UGC# 20738 <sup>\$</sup>  | Y |
| 39. | Jain, R. and <b>Kumar R.</b> (2013) Cognitive style and Metacognitive awareness in adults. <i>Praachi Journal of Psychocultural Dimension</i> . 29, 107-113. ISSN: 09717064  | X |
| 40. | Jain, R and <b>Kumar, R</b> (2014) Emotional Intelligence and Suggestibility in Young Adults. Indian Psychological Review. 82 (1), 23-30. ISSN: 00196215 UGC# 20918.   | Y |
| 41. | <b>Kumar, R.</b> (2015) Areas of research in Somatic Inkblot Series. SIS Journal of Projective Psychology and Mental Health. 22 (2):130-138. ISSN: 09716610. UGC# 48979.   | Y |
| 42. | Dwivedi, S. and <b>Kumar, R.</b> (2015) Efficacy of Cognitive Drill Therapy in Agoraphobia with Panic Disorder: a Case Study. SIS Journal of Projective Psychology and Mental Health. 22 (2), 139-146. ISSN: 09716610. UGC# 48979.   | Y |
| 43. | Rathor DS, Kumar S, Tiwari D, Jain RK, Sisodia AK. (2016) Prevalence of metabolic syndrome in drug-naïve patients with schizophrenia. <b>International Journal of Medical Science and Public Health</b> ;5(12): 2574-2584. E-ISSN 2277-338X. ISSN: 23204664. <b>Peer Reviewed</b>                                | Y |
| 44. | Jain, R. and <b>Kumar, R</b> (2016) Association between hypnotizability and suggestibility in young adults. SIS Journal of Projective Psychology and Mental Health, 23 (1), 61-64. ISSN: 09716610. UGC# 48979.   | Y |
| 45. | Vishwakarma, P. Dwivedi, S. and <b>Kumar, R.</b> (2016) Emotional Intelligence, Exner's Special Indices on Rorschach in Schizophrenia. SIS Journal of Projective Psychology and Mental Health, 23 (2), 66-72. ISSN: 09716610. UGC# 48979.  | Y |
| 46. | Srivastava, K and <b>Kumar, R.</b> (2016) Cognitive Insight and Executive Function in Schizophrenia. SIS Journal of Projective Psychology and Mental Health, 23 (2), 106-114. ISSN: 09716610. UGC# 48979.  | Y |
| 47. | Jain,R., Mohanty, S and <b>Kumar, R.</b> (2016) SIS-II Indices and Suggestibility. SIS Journal of Projective Psychology and Mental Health, 23 (2), 115-117. ISSN: 09716610. UGC# 48979.  | Y |
| 48. | <b>Kumar, R.</b> and Dubey, B.L. (2016) Cognitive Drill Therapy: A Potent Application of the Principles of Psychology for OCD and Phobia, SIS Journal of Projective Psychology and Mental Health. 23 (2), 125-126. ISSN: 09716610. UGC# 48979.   | Y |
| 49. | Parija,S., Yadav, AK., Sreeraj,VS., Patel, ALK., Yadav, J & <b>Kumar, R</b> (2016) Caregiver Burden and Expressed Emotion in Caregivers of Patients with Schizophrenia. <b>Journal of Psychosocial Rehabilitation and Mental Health</b> . 3(2) 83-87 ISSN: 2198-963X <b>(Springer Publication) Peer Reviewed</b> | Y |
| 50. | Sisodia, AK, Deewan, R. Kumar, S. <b>Kumar, R.</b> (2016) Cognitive flexibility and motor inhibition in Obsessive-Compulsive Disorder and their unaffected first degree relatives. Research Ambition. An International Journal. 1(3) 48-60   | N |
| 51. | <b>Kumar, R.</b> (2017) HN Murthy Oration: Experiences in Verbal Exposure for Stimulus Bound Anxiety. Indian Journal of Clinical Psychology, 44 (1), 14-20. ISSN: 03032582 UGC# 20738 <sup>\$</sup>  | Y |
| 52. | Sharma VK, Pandya P, <b>Kumar R,</b> Gupta G. (2017) Evaluation of hypnotherapy in pain management of cancer patients: A clinical trial from India. <i>Indian Journal of Pain</i> ;31:100-6. ISSN: 23217820. <b>Peer Reviewed.</b>   | Y |
| 53. | Arya, B., Verma, S. and <b>Kumar, R.</b> (2017) Efficacy of Cognitive Drill Therapy in Treatment of Specific Phobia, SIS Journal of Projective Psychology and Mental Health, 24 (1), 48-51. ISSN: 09716610. UGC# 48979.  | Y |

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| 54. | <b>Kumar, R.</b> and Sahu, RK (2017) Recovery Focused Behavior Therapy (RFBT): A Case Study. SIS Journal of Projective Psychology and Mental Health. 24 (1), 64-68. ISSN: 09716610. UGC# 48979.   | Y |
| 55. | <b>Kumar, R.</b> and Dubey, B.L. (2017) Cognitive Drill Perspective of the Nature of Stimulus in Anxiety Disorders. SIS Journal of Projective Psychology and Mental Health. 24 (2) 135-136. ISSN: 09716610. UGC# 48979.   | Y |
| 56. | Rathor, DMS, Mujahed, M., Kumar, S., <b>Jain, R.</b> , & Gaur, A. (2017) Correlation of some demographic parameters with laboratory parameters of metabolic syndrome, bipolar affective disorders and its therapeutics. <i>Indian Journal of Behavioral Sciences</i> 26, 20-31. ISSN: 23192062  | X |
| 57. | <b>Kumar, R.</b> (2017) Verbal Exposure for Irrational Fears: New Directions in Research and Applications. <b><i>Clinical and Experimental Psychology</i></b> . 3.3. ISSN: 24712701.  | X |
| 58. | Rathor, DMS, Mujahid, M., Kumar, S., <b>Jain, RK</b> , Sisodia, AK (2017) Correlation of some demographic parameters with clinical parameters of metabolic syndrome, bipolar affective disorder and its therapeutics. <b><i>International Journal of Medical Science and Public Health</i></b> . 6(3) 507-514. 23204664. E-ISSN 2277-338X. <b>Peer Reviewed</b> | Y |
| 59. | Mahour, P., Sharma, P., Kumar, R. and Agrawal, A. (2017) Study of relationship between cognitive insight and meta cognition in schizophrenia. <i>Indian Journal of Health and Wellbeing</i> . 8, 82-85. ISSN: 22295356  | X |
| 60. | Dubey, BL., <b>Kumar, R.</b> , and Dubey, A. (2018) Somatic Inkblot Series, Journal of Projective Psychology & Mental Health: Inception to Silver Jubilee. SIS Journal of Projective Psychology and Mental Health, 25 (1). 5-34. ISSN: 09716610. UGC# 48979.  | Y |
| 61. | Verma, S., Arya, B., Kandhari, S., and <b>Kumar, R.</b> (2018) Efficacy of Cognitive Drill Therapy in Treatment of Multiple Phobias: A Case Study SIS Journal of Projective Psychology and Mental Health., 25 (1), 76-79. ISSN: 09716610. UGC# 48979.   | Y |
| 62. | Jain, R., Kumar, R., <b>Kumar, R.</b> (2018) Metacognitive Processes and Emotional Intelligence in Young Adults. <i>Behavioural Scientist</i> . 19(2) 129-134 ISSN: 09725911 UGC#: 40778.   | Y |
| 63. | Arya, B., Verma, S., <b>Kumar, R.</b> , Mishra, R. (2018) Role of Cognitive Drill Therapy in Treatment of Evaluation Anxiety: A Case Study. <b><i>International Journal of Scientific and Research Publications</i></b> . 8, 5, 297. ISSN: 22503153. <b>Peer Reviewed</b>   | Y |
| 64. | Shabina, N. Jain, T. Singh, P. and <b>Kumar, R</b> (2018) Cognitive Drill Therapy in Illness Anxiety Disorder: A Case Study. SIS Journal of Projective Psychology and Mental Health, 25 (1), 86-91. ISSN: 09716610. UGC# 48979.   | Y |
| 65. | Jain, T. & <b>Jain, R.</b> (2018) Recovery Focused Behavior Therapy in Treatment of Obsessive-Compulsive Disorder: A Case Study. <b><i>Psychology and Behavioral Science International Journal (PBSIJ)</i></b> ; 8(5): 555748.  | X |
| 66. | Khan, S., Rathor, DMS, <b>Jain, R</b> (2018) Cognitive Drill Therapy in Mental Contamination: A Case Study. <b><i>International Journal of Advanced Research (IJAR)</i></b> . 6(5) 246-253. ISSN: 23205407.   | X |
| 67. | Kumar, S. Mohanty, S. & <b>Kumar, R.</b> (2018) Emotional Dysregulation of Affect in Persons with Obsessive-Compulsive Disorder. <i>Indian Journal of Clinical Psychology</i> . 45(2) 28-32   | X |
| 68. | Khan, S., <b>Jain, R.</b> , Singh, P. (2018) Management of Comorbid Anxiety Through Cognitive Drill Therapy in a Patient of Somatoform Disorder: A Case Study. <i>Research Discourse</i> , 26: 129-133 ISSN: 22772014   | X |
| 69. | Arya, B, Kumar, D & Kumar, R (2018) Efficacy of Cognitive Drill Therapy in Managing test Anxiety of Students. <i>The International Journal of Indian Psychology</i> . 6(3) 136-144 ISSN: 23485396   | X |

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| 70.   | Kumar, D. Arya, B. and <b>Kumar, R.</b> (2019) Maintenance of Cognitive Drill Therapy Gains in Test Anxiety: A Pilot Study. SIS Journal of Projective Psychology and Mental Health. 26: 128-133  | Y |
| 71.   | Arya, B, Verma, S and <b>Kumar, R.</b> (2019) Cognitive Drill Therapy: A Case Study of Social Anxiety Disorder. Indian Journal of Clinical Psychology. 46(10): 81-84   | Y |
| 72.   | Kumar S. Mohanty S. & <b>Kumar, R.</b> (2019) Suppression and Reappraisal in Relation to Dimensions of Obsessive-Compulsive Disorder in Persons with OCD. International Journal of Indian Psychology. 7(4), 376-380  | x |
| 73.   | Sisodia, A. K., Menia, A., Kumar, S., & Kumar, R. (2020). Disability and executive functions in Schizophrenia: A cross sectional study. International Journal of Medical and Biomedical Studies, 4(6). <a href="https://doi.org/10.32553/ijmbs.v4i6.1258">https://doi.org/10.32553/ijmbs.v4i6.1258</a> | x |
| 74.   | Ahlawat, S., Gaur, A., Agarwal, V., Kumar, R. (2020) Medication compliance in schizophrenic out patients with psychoactive substance use co-morbidity: A cross-sectional study. International Journal of Medical Science and Public Health (submitted: 20-11-2020).                                    | x |
| 75.   | Khan, S, Sahu, RK, and Jain, R (2020) Childhood trauma and dissociative symptoms in patients of substance-dependence and schizophrenia. Indian Journal of Health and Well-being 11(10-12), 499-506. ISSN-p-2229-5356,e-2321-3698   | x |
| 76.   | Ahlawat S, Aggarwal V, Kumar R. Medication compliance in schizophrenic out patients with psychoactive substance use comorbidity: a cross-sectional study. Int J Res Med Sci 2022;10:167-72.  | x |
| 77.   | Mohit Kumari, Dr. Manoj Kumar Chauhan, Prof. Rakesh Kumar (2022) A review on parenting styles and suicide ideation in adolescence. Gurukula Patrika, 74(2) 190-204. ISSN: 0976-8017  | Y |
| 78.   | Chinu Agrawal and Rakesh Kumar (2022) Value of Respect for Nation in Adolescents: Role of Structured Experiential Education in Enhancing Awareness. Chetana Journal of Social Sciences. 1, 23-34. Code: ODIENG01241  | x |
| 79.   | Radhika Sharma, Rakesh Kumar (2022) Role of Yoga in Psychological Attributes of Learned Helplessness and Self-Efficacy : A Conceptual Framework. Vaidika V <sup>1</sup> g Jyoti <sup>1</sup> . 19, 78-88 ISSN : 2277-4351  | Y |
| 80.   | Sampada Vijayvargiya and Rakesh Kumar (2023) Relevance of Yoga in Management of Psychological Aspects of Skin Disorders. Vaidika V <sup>1</sup> g Jyoti <sup>1</sup> Vol. 11, No. 20 pp. 142-158 ISSN 2277-4351  | Y |
| <b>\$ UGC Listing Valid for the date of Publication</b> |  |   |

## OTHER PUBLICATIONS

|    |  |
|----|--|
| 1. | Kumar, R. and Mohanty, S. (1992) Commonly used intelligence tests with mentally retarded. NESEOH News, 24-25.  |
| 2. | Kumar, R. and Mohanty, S. (1992) Level of mental retardation: An analysis of subjective estimate. NASEOH News, 5, 31-32  |
| 3. | Kumar, R., Das, P. and Mohanty, S. (1994) Reducing self-injurious behaviour in a profoundly retarded girl through physical restraint in classroom setting. IPS Journal, Orissa |
| 4. | Kumar, R. and Mohanty, S. (1994) Rate of mental retardation at a child guidance centre. NASEOH News, 9, 18-20.   |
| 5. | Kumar, R. (1994) Job placement of the persons with mental retardation. Souvenir released on the occasion of the annual function of CIMH, Bhubaneswar.                          |
| 6. | Kumar, R., Pandey, M.K., Sharma, R.G. and Ray, T.P. (1996) Correlations between PGI memory scale and WAIS-R (Verbal) among schizophrenics. IPS Journal-Orissa, 3 & 4, 18-21.   |

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|-----|---|
| 7.  | Banik, A., Mohanty, S. and Kumar, R. (1996) Speech problems among mentally retarded. Indian Journal of Mental Health and Disabilities, 1, 27-32.  |
| 8.  | Pati, N.C., Kumar, R. and Mohanty, S. (1996) Task attention of the persons with mental retardation: Applied behaviour analysis in classroom setting. Indian Journal of Mental Health and Disabilities, 1, 18-22.                                  |
| 9.  | Das, P.K., Ray, T.P., Kumar, R. and Sharma, L.N. (1996) Prevalence of Schneider's first rank symptoms in schizophrenia. Indian Journal of Mental Health and Disabilities. 2, 19-21.   |
| 10. | Kumar, R. and Mohanty, S. (1996) Milestones of development. Indian Journal of Mental Health and Disabilities, 1, 33.  |
| 11. | Pati, N.C. and Kumar, R. (1996) Effect of intellectual levels and stimulus complexity on the exploratory behaviour of mentally retarded children. Indian Journal of Mental Health and Disabilities, 1, 23-26.                                     |
| 12. | Pati, N.C., Devi, A. and Kumar, R. (1996) Level of mental retardation at Chetana Institute for the Mentally Handicapped, Bhubaneswar. Indian Journal of Mental Health and Disabilities, 1, 23-26  |
| 13. | Kumar, R., Nanda, S. and Ray, T.P. (1996) Rate of mental retardation as a function of mental age and birth order. Indian Journal of Mental Health and Disabilities, 1, 15-17.   |
| 14. | Pati, N.C., Kaur, P., Ray, T.P. and Kumar, R. (1996) Social development of the children with mental retardation. Indian Journal of Mental Health and Disabilities, 1, 22-24   |
| 15. | Kumar, R., Muduli, K. and Ray, T.P. (1996) Aggression in an adolescent girl with mental retardation: A case report. Indian Journal of Mental Health and Disabilities, 2, 46-48.   |
| 16. | Ray, T.P., Pattnaik, B., Mohanty, M.K. and Kumar, R. (1996) Socio-demographic study of addicted persons reported at a de-addiction centre. Indian Journal of Mental Health and Disabilities, 2, 30-35   |
| 17. | Ray, TP and Kumar, R. (1996) Gilles de la Tourette's Disorder: A Case Report. Indian Journal of Mental Health and Disabilities, 1, 44-45  |
| 18. | Ray, T.P., Pattnaik, B., Mohanty, M.K. and Kumar, R. (1997) Cultural beliefs and substance abuse. IPS Journal-Orissa, 6, 31-33  |
| 19. | Pati, N.C., Parimanik, R. and Kumar, R (1997) Social development of the children with mental retardation. IPS Journal-Orissa. 6, 27-30  |
| 20. | Kumar, R. (2009) Past Life Regression Therapy. DevSanskriti: Inter-Disciplinary Journal of Behavioral Sciences and Oriental Studies. 5 & 6, 15-20.  |
| 21. | Kumar, R. (2016) Cognitive Drill Therapy, Souvenir, Indian Academy of Health Psychology, 2016.  |
| 22. | Kumar, R. (2017) Application of Cognitive Drill Therapy and Hypnosis, Souvenir of International Conference of Indian Academy of Health Psychology, National PG College, Lucknow, 12-14 November 2017.   |
| 23. | Kumar, R. (2017) Cognitive Drill Therapy. National Workshop on Psycho-Yogic Therapies, Department of Psychology, CCS University, Meerut, 22-28 March 2017   |
| 24. | Jain, R. (2018) Psychology of Fear. Being Mindful, 1(2) 68-69   |
| 25. | Kumar, R. (2019) Cognitive Drill Therapy. A Compendium of Initiatives: Contributions of Clinical Psychology for a Healthy India. Department of Psychology, National Institute of Mental Health and Neurosciences, Bengaluru (NIMHANS) pp. 69-70   |
| 26. | Sampada Vijayvargiya and Rakesh Kumar (2023) Role of hypnosis in oncology and other psychosomatic diseases. Published in souvenir released on the occasion of International Conference of Academy of Hypnosis, India 25-26 February 2023 Vadodara |



**PUBLICATION IN SEMINAR PROCEEDINGS:**

| SL | PARTICULARS   | ISBN           |
|----|---|----------------|
| 1. | Kumar, R. <i>Past life regression in health related conditions</i> . Book Chapter in Singh, R & Shyam, R. (2007) <i>Psychology of Wellbeing</i> . New Delhi: Global Vision Publishing House. Proceedings of National Seminar on Psychophysiology of Wellbeing, MD University, Rohtak, 2006.     | 978-8182201965 |
| 2. | Kumar, R. Psychological consequences in female victims of crime. In Kashyap, R. (2016) <i>Crime Against Women</i> . Meerut: Anu Books. (Proceedings, National Seminar on Crime Against Women: Issues, Challenges and Intervention. Digamber Jain, College, Baraut (Baghpat) 1-2 November 2015.) | 978-9382166474 |

**SHORT TERM TRAINING, REFRESHER COURSES & WORKSHOPS - PARTICIPATION:**

| SI  | Particulars  | Nature             |
|-----|--|--------------------|
| 1.  | National Workshop on "Sexuality, marriage, and social alternatives for the mentally handicapped", NIMH, Secunderabad, June 25-28, 1990   | National           |
| 2.  | National Workshop on "counselling skills for working with families of mentally handicapped persons" National Institute for the Mentally Handicapped, Regional Training Centre (E), Calcutta, January 6-10, 1992. | National           |
| 3.  | Workshop on Individualized Training Programme, Chetana Institute for the Mentally Handicapped, Bhubaneswar 22-23 February 1993   | State              |
| 4.  | Workshop on Early Intervention Programme, Chetana Institute for the Mentally Handicapped, Bhubaneswar 2-8 March 1994   | State              |
| 5.  | SIS Certification: Trained by Prof. B.L. Dubey, Director, Somatic Inkblot Society in Chandigarh on the diagnostic, therapeutic and research applications of Somatic Inkblot Series. 1-3 November 1998            | Other              |
| 6.  | Short Term Training of Behaviour Therapy, NIMHANS, Bangalore 19-31 July 2000   | National Institute |
| 7.  | Workshop on "Emerging Frontiers of Management" Organized by Self Learning System, Ghaziabad, 23-25 December 2000   | Other              |
| 8.  | First Degree in Reiki, Usui Shiki Ryoho, Agra. 5-12-2000   | Other              |
| 9.  | ICSSR Workshop on Research Methodology and Multivariate Statistics in Psychology, VBS Purvanchal University, Jaunpur, 28 <sup>th</sup> Sept. – 4 <sup>th</sup> October 2005                                      | National           |
| 10. | ICSSR Workshop on Research Methodology and Multivariate Statistics in Psychology, VBS Purvanchal University, Jaunpur, 12-18 March 2008   | National           |
| 11. | Refresher Course on Research Methodology, JN Vyas University, Jodhpur 7-11 June 2010. Approved by Rehabilitation Council as Continuing Rehabilitation Education.   | National           |
| 12. | Biofeedback and Neurofeedback, Gunjan Human Karigar, New Delhi 28 & 29 April 2011  | Other              |
| 13. | CME on Advances in Cognitive Neurosciences, PGIMR, Dr. RML Hospital, New Delhi, 3 February 2013  | National           |
| 14. | Orientation Programme & Course Co-ordinators Meet, Rehabilitation Council of India, New Delhi in collaboration with Integrated Institute for the Disabled, Varanasi. 16-17 October 2014                          | Zonal              |
| 15. | Workshop on Psychophysiology, Dayalbagh Educational Institute, Agra. 22 <sup>nd</sup> September 2014   | University         |

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| 16. | Orientation Programme& Course Co-ordinators Meet, Rehabilitation Council of India, New Delhi in collaboration with National Institute for the Visually Handicapped, Dehradun. 17-18 August 2015. | Zonal      |
| 17. | Workshop at Rehabilitation Council of India, New Delhi on 27 <sup>th</sup> January 2015 on the development of training module for sensitization of Government Officials on Disability.           | National   |
| 18. | Workshop on Research Ethics and Good Clinical Practice (GCP) – Current Scenario” January 15-16, 2018 held at National Jalma Institute of Leprosy and Other Microbacterial Diseases, Agra         | National   |
| 19. | All India Orientation Program for Visiting Experts, Rehabilitation Council of India, New Delhi 21 <sup>st</sup> January 2019   | National   |
| 20. | 02 days National Workshop on "Confluence of Recent Legislations; RCI's Role in HRD Capacity Building of Senior Rehabilitation Professionals" at Guwahati 6-7 June 2019                           | National   |
| 21. | Induction Program, 5-13 April, 2022 Gurukula Kangri (Deemed to be University), Haridwar  | University |

#### MEMBERSHIPS OF PROFESSIONAL ASSOCIATIONS:

| SL. | ASSOCIATION  | RESPONSIBILITIES  |
|-----|--|---|
| 1.  | Fellow, Indian Association of Clinical Psychologists     | Chairperson, Constitution Amendment Committee [past]<br>Chairperson, Disaster Management Committee [past]<br>EC Member Twice [past]<br>Chairperson, Scientific Committee, 47 <sup>th</sup> NACIACP, AFMC, Pune 28-30 May 2021 |
| 2.  | Indian Association of Clinical Psychologists, UP Chapter | President [past]  |
| 3.  | Fellow, Somatic Inkblot Society                          | President, Executive Editor, Member, Editorial Board [past]   |
| 4.  | Life Member, Indian Academy of Health Psychology.        | <i>National Co-ordinator, E-Academy;<br/>Chairperson, E-Academy Committee;<br/>EC Member<br/>Regional Secretary (past)</i>  |
| 5.  | Association of Health Psychologists                      | Founder Life Member   |
| 6.  | Indian Academy of Applied Psychology                     | Life Member   |
| 7.  | Indian Society of Clinical and Experimental Hypnosis     | Life Member   |
| 8.  | Community Psychology Association of India                | Life Member   |
| 9.  | Praachi Psycho-cultural Research Association             | Life Member   |
| 10. | Indian Psychiatric Society                               | Life Associate Member   |
| 11. | Academy of Hypnosis                                      | Vice President  |



**MEMBER EDITORIAL BOARD-PROFESSIONAL JOURNALS:**

| SL | ROLE   | JOURNAL  | ISSN     |
|----|--|--|----------|
| 1  | Associate Editor,<br>[Past, Journal Committee;<br>Member, Editorial Board] | Indian Journal of Clinical Psychology                                  | 03032582 |
| 2  | Member, Editorial Board  | Agra University Journal of Research-Science                            | 00021032 |
| 3  | Member, Editorial Board<br>[Past]  | Journal of Psychiatry and Psychology Research                          | 26406136 |
| 4  | Executive Editor   | SIS Journal of Projective Psychology and<br>Mental Health              | 09716610 |
| 5  | Member, Editorial Board  | Indian Journal of Community Psychology                                 | 09742719 |
| 6  | Member, Editorial Board  | Agra University of Research (Letters)                                  | -        |
| 7  | Member, Editorial Board<br>[Past]  | Indian Journal of Mental Health and<br>Disabilities                    | -        |
| 8  | Member, Editorial Board  | International Journal of Contemporary Issues<br>in Behavioral Sciences | -        |
|    | Member, Editorial Board  | Chetana Journal of Social Sciences                                     | -        |

**VISITING EXPERT, RCI:**

Visiting Expert of Rehabilitation Council of India for evaluation of Institutions running M.Phil in Clinical Psychology program. Developed a comprehensive format for systematic seeking of inspection related information and enclosures. Evaluated following Institutes for M.Phil in Clinical Psychology.

| SL  | INSTITUTE  | YEAR        |
|-----|--|-------------|
| 1.  | Department of clinical Psychology,<br>PG Institute of Behavioural and Medical Sciences, Raipur   | 2011        |
| 2.  | Department of Mental Health and Psychology,<br>Gautam Buddha University, Greater Noida   | 2014        |
| 3.  | Department of clinical Psychology,<br>KG Medical University, Lucknow   | 2014        |
| 4.  | Department of clinical Psychology,<br>Amity University, Lucknow Campus   | 2014& 2020  |
| 5.  | Department of clinical Psychology,<br>Government Medical College and Hospital, Chandigarh  | 2018        |
| 6.  | Department of Clinical Psychology,<br>Dr. Ram ManoharLohia Hospital, Post Graduate Institute of Medical<br>Education and Research, New Delhi | 2018 & 2019 |
| 7.  | Department of clinical Psychology,<br>SGT University, Gurugram   | 2018 & 2019 |
| 8.  | Department of clinical Psychology,<br>Institute of Psychiatry, Kolkata   | 2018 & 2019 |
| 9.  | Centre of Clinical Psychology,<br>University of Calcutta, Kolkata  | 2018        |
| 10. | Department of clinical Psychology,<br>Central Institute of Psychiatry, Ranchi  | Declined    |
| 11. | Institute of Human Behaviour and Allied Science, Delhi   | 2019        |

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| 12. | National Institute for Empowerment of Persons with Disabilities | 2019           |
| 13. | Nai Subah, Varanasi   | 2020           |
| 14. | Pt. Ravishankar Shukla University, Raipur                       | 2021, Declined |
| 15. | Amity University, Jaipur  | 2021, Declined |

#### **CONTRIBUTION IN STATUTORY BODIES:**

1. Member, Uttarakhand State Mental Health Authority since 30-9-21
2. Member, Expert Committee of Clinical Psychology & Rehabilitation Psychology, Rehabilitation Council of India, New Delhi Years 2014-2016 & 2018 & 2022
3. Member, Mental Health Authority, Uttarakhand since 30/9/21

#### **ADMINISTRATIVE RESPONSIBILITIES IN GURUKULA KANGRI (DEEMED TO BE UNIVERSITY)**

1. Head, Department of Psychology, Since November 1, 2021
2. Controller of Examinations, since 23 December 2021
3. Deputy Controller of Examinations: April 2021 to 22 December 2021

#### **Expert Member:**

1. Member Review Committee for the project "Development of a prototype of Cognitive Drill Technique (CDT) based PsyAid for management of evaluation anxiety, (CDT PSyAid), Defence Institute of Psychological Research, Defense Research and Development Organization, Delhi.
2. Member, Advisory Committee, Career Planning Academy, GK (DU)
3. Member, Board of Studies in Clinical Psychology, Swami Ram Himalayan University
4. Invited Member, Board of Studies, CCS University, Meerut
5. Member, Committee on formulation of examination and evaluation rules for NEP-2020 programs of GK (DTBU).
6. Member Selection Committee, DBRAU, SGRR.
7. Member, Board of Studies, ICFAI University, Tripura

#### **PARTICIPATION IN CONFERENCE/SEMINAR/CONGRESS:**

| SL  | PROGRAM   | CITY        | YEAR |
|-----|---|-------------|------|
| 1.  | Annual Conference of U.P. Association of Psychologists, RG College  | Meerut      | 1984 |
| 2.  | Industrial Psychiatry Congress  | Ranchi      | 1988 |
| 3.  | National Seminar on Mental Retardation  | New Delhi   | 1990 |
| 4.  | National Seminar on Mental Retardation  | Bhubaneswar | 1991 |
| 5.  | XIth World Congress on Mental Retardation   | New Delhi   | 1994 |
| 6.  | VIIIth Congress of National Academy of Psychology, Centre of Advanced Study in Psychology, Utkal University | Bhubaneswar | 1997 |
| 7.  | Seminar on "Parental Behavior and child development" Organized by Praachi Psycho-cultural Association,      | Agra        | 1999 |
| 8.  | National Conference of Indian Psychiatric Society   | Bhubaneswar | 1999 |
| 9.  | National Annual Conference of Indian Association of Clinical Psychologists, IHBAS                           | Delhi       | 2001 |
| 10. | National Annual Conference of Indian Psychiatric Society  | Hyderabad   | 2003 |
| 11. | National Conference on Couple and Family Systems, NIMHANS   | Bangalore   | 2003 |
| 12. | National Seminar on Enhancing Human Potential: Psychological Perspectives, Dayalbagh Educational Institute  | Agra        | 2004 |

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| 13.   | International Conference of Somatic Inkblot Society  | Kochi         | 2004 |
| 14.   | World Congress on Past life Regression   | New Delhi     | 2006 |
| 15.   | National Seminar on Psychological Well-being, Utkal University   | Bhubaneswar   | 2007 |
| 16.   | International Conference of Somatic Inkblot Society organized by RINPAS  | Ranchi        | 2008 |
| 17.   | International Seminar on Health Psychology, Dayalbagh Educational Institute  | Agra          | 2008 |
| 18.   | Annual National Conference of Indian Psychiatric Society, Institute of Mental Health and Hospital  | Agra          | 2009 |
| 19.   | International Conference on "Happiness & Wellbeing: Role of Management Education, Hindustan Institute of Management and Computer Studies         | Mathura       | 2011 |
| 20.   | National Annual Conference of Indian Association of Clinical Psychologists   | Ahmedabad     | 2011 |
| 21.   | Annual National Conference of Central Zone of Indian Psychiatric Society   | Agra          | 2012 |
| 22.   | National Seminar on Interventions for Social Wellbeing, DJ College   | Baraut        | 2012 |
| 23.   | International Conference on Applicability and Relevance of Psycho-educational Testing in Human Life, Har Prasad Institute of Behavioural Studies | Agra          | 2013 |
| 24.   | 9 <sup>th</sup> National Conference on Hypnotherapy. JawaharLal University, New Delhi  | New Delhi     | 2013 |
| 25.   | National Conference of Indian Association of Clinical Psychologists, All India Institute of Medical Sciences                                     | New Delhi     | 2013 |
| 26.   | International Conference of Indian Academy of Health Psychology, Gautam Buddha University  | Greater Noida | 2016 |
| 27.   | International Conference of Indian Academy of Health Psychology, National PG College   | Lucknow       | 2017 |
| 28.   | International Conference of Indian, Academy of Health Psychology   | Nashik        | 2018 |
| <b>Note:</b> Participations as Resource Person in other conferences and seminars are mentioned in Resource Person Listing above |  |               |      |

### EXAMINER FOR PH.D./M.PHIL/PG AND OTHER EXAMINATIONS:

Examining Ph.D., M.Phil and MA dissertations of psychology scholars of several Universities; also setting up question papers and evaluating answer scripts of M.Phil, Postgraduate Diploma and MA students in psychology; acting as practical examiners of M.Phil, MA and Diploma students; and on the Board of Studies of a couple of Universities/Institute.

| SL  | UNIVERSITY/INSTITUTE                                       |
|-----|--|
| 1.  | Ranchi University, Ranchi                                  |
| 2.  | Osmania University, Hyderabad                              |
| 3.  | Barkatullah University, Bhopal                             |
| 4.  | Rohilkhand University, Bareilly                            |
| 5.  | CCS University, Meerut                                     |
| 6.  | Dr. BR Ambedkar University, Agra                           |
| 7.  | DevSanskriti University, Hardwar                           |
| 8.  | VBS University, Jaunpur                                    |
| 9.  | National Institute for the Mentally Handicapped, Hyderabad |
| 10. | Lucknow University, Lucknow                                |

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| 11. | Banaras Hindu University, Varanasi  |
| 12. | Utkal University, Bhubaneswar   |
| 13. | Ram Manohar Lohiya Avadh University, Faizabad                                   |
| 14. | IHBAS, New Delhi.   |
| 15. | National PG College, Lucknow  |
| 16. | Central Institute of Psychiatry, Ranchi   |
| 17. | Mental Health Institute, SCB Medical College, Cuttack                           |
| 18. | Amity University, Gwalior   |
| 19. | Aligarh Muslim University   |
| 20. | Gujarat Forensic Sciences University  |
| 21. | University of Calcutta  |
| 22. | Amity University, Gurugram  |
| 23. | Bhartiar University   |
| 24. | Jamia Millia Islamia  |
| 25. | Dayalbagh Educaitonal Institute, Deemed University                              |
| 26. | Mewar University  |
| 27. | West Bengal University of Health Sciences                                       |
| 28. | National Institute of Empowerment of Persons with Visual Disabilities, Dehradun |
| 29. | SS Jeena University   |
| 30. | Gurukula Kangri (Deemed to be University), Haridwar                             |
| 31. | Uttarakhand Sanskrit University   |
| 32. | Delhi University  |
| 33. | Maa Shakumbhari University  |
| 34. | Panjab University   |
| 35. | Institute of Mental Health and Hospital, Agra                                   |
| 36. | Chettinad Academy Deemed University   |
| 37. | Sri Guru Ram Rai University   |
| 38. | Kumaun University   |

#### **VOLUNTARY CONTRIBUTION:**

1. Edited and prepared Souvenir and Abstracts of ANCIPS 2009 hosted by Institute of Mental Health and Hospital, Agra.
2. Voluntarily developed and maintain websites of three professional associations (a) Somatic Inkblot Society (b) Indian Academy of Health Psychology (c) Indian Journal of Clinical Psychology

#### **PRINT MEDIA COVERAGE:**

1. "Cognitive Drill Therapy", DainikJagran, Meerut 7<sup>th</sup> November 2015
2. "Hypnosis" DainikJagran, Agra 28 June 2005
3. "Stress can cause diseases" DainikJagran, Agra, January 7, 2005
4. "Stress management" DainikJagran, Agra, January 8, 2005
5. "Stammering" DainikJagran, 2005.
6. "Social anxiety disorder" DainikJagran, Agra, December 27, 2004.
7. "Past life Regression" DainikJagran, Agra. February 2003.
8. Newspaper coverage on suicide 8/12/21 in Sunday Guardian

**FM 90.8 COVERAGE:** Recorded an interview on social anxiety disorder and role of Cognitive Drill Therapy in its Treatment on 2-12-2015

## SPONSORSHIP OF AWARDS SINCE 2010:

1. Best Research Methodology Award: Doctoral Conference, Hindustan Institute of Management and Computer Studies, Farah, Mathura.
2. Meritorious Students in Psychology: Two Awards. Digamber Jain Degree College, Baraut (Baghpat) *Discontinued*

## DEMONSTRATIONS OF INDIVIDUAL-GROUP HYPNOSIS:

I am extensively involved in presenting demonstration lectures and workshops on Hypnosis. I am being invited by several Universities, Institutes and Colleges to speak on Hypnosis and past life regression across the country. The protocol of my presentations include dispelling myths of hypnosis, scientific conceptualization of hypnosis, meaning and testing of suggestibility, hypnotic induction, demonstration of trance phenomena and responding to the queries of the participants.

|     |  |
|-----|--|
| 1.  | P.G. Department of Psychology, D.J.Degree College, Baraut (Meerut University) About 15 demonstrations of individual hypnosis since 1987-2018   |
| 2.  | VidyaSagar Memorial Hospital, Nehru Nagar, New Delhi. Individual Demonstration 1990.   |
| 3.  | Chetana Institute for the Mentally Handicapped, Bhubaneswar. Individual Demonstration, 1994.   |
| 4.  | Postgraduate Diploma in Clinical Psychology, St. John's College, Agra, Individual Demonstration, 1998.   |
| 5.  | Nursing Students of Various Colleges. About 10 Individual Demonstrations and 04 Group Demonstrations, since 1998.  |
| 6.  | M.Phil in Clinical Psychology, Barkatullah University, Bhopal. Individual Demonstration of Hypnosis, 2002.   |
| 7.  | P.G.Department of Psychology, R.B.S. College, Agra Individual Demonstration of hypnosis – posthypnotic suggestion and age regression, 2002.  |
| 8.  | P.G.Students of Psychology, S.N.G. P.G. College, Bhopal Individual Demonstration, 2003.  |
| 9.  | M.Phil in Clinical Psychology, Barkatullah University, Bhopal. Individual Demonstration of Past Life Regression in the Presence of 13 Students. 2003   |
| 10. | College of Nursing, Jaipur Individual Demonstration of Past Life Regression, 2003.   |
| 11. | Medical Undergraduates, Medical College, Meerut, Individual Demonstration 2004.  |
| 12. | Advanced Diploma in Clinical Psychology, CCS University, Meerut. Individual Demonstration, 2004.   |
| 13. | Ramadevi Women (Autonomous) College, Bhubaneswar. , Group Hypnosis-45 students and 6 Faculty in Psychology and Political Science, February 3, 2005.  |
| 14. | University Counseling Centre, Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar. Individual Demonstration of Past Life Regression in the Presence of Four Professors and Six Students, February 7, 2005. |
| 15. | Institute of Management and Information Science, Bhubaneswar, Group Hypnosis – 60 MBA Students and 3 Faculty in Management, February 5, 2005   |
| 16. | Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar, Group Hypnosis-40 Students and 10 Faculty in Psychology, Sanskrit and Political Science, 2005.  |
| 17. | Hindustan Institute of Management and Computer Studies, Agra, Group Hypnosis-43 MCA and HR students and 2 Faculty including Dean (Academics), 19 <sup>th</sup> February 2005.  |
| 18. | Sri Sai Baba College of Nursing, Jaipur, 12 Students of Nursing. Demonstrated Group Hypnosis and Faces Technique of Past Life Regression, 25 February 2005.  |
| 19. | B.J.B.(Autonomous) College, Bhubaneswar. , Group Hypnosis-80 Students and 8 Faculty in Psychology and Political Science, February 8, 2005  |

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| 20. | Institute of Mental Health and Hospital, Agra, Group Hypnosis-100 Faculty and Students, March 17, 2005.  |
| 21. | BAMS Students, Himachal Pradesh, Group Hypnosis-14 students April 30, 2005.  |
| 22. | P.G.Students of Psychology, DevSanskritiViswavidyalaya, Hardwar. Group Hypnosis 2005.  |
| 23. | Postgraduate Diploma in Psychotherapy, Counseling and Guidance, KashiVidyapitha, Group Hypnosis – 6 students, June 25 <sup>th</sup> 2005.  |
| 24. | M.B.B.S students of Meerut Medical College, Group Hypnosis (10) – 58 Students.   |
| 25. | 9 <sup>th</sup> July, 2005   |
| 26. | VBS Purvanchal University, Jaunpur, Participants of ICCSR Workshop on Research Methodology and Multivariate Statistics in Psychology, Group Hypnosis (04) – 50 Persons 3 <sup>rd</sup> October 2005                                      |
| 27. | M.A. Social Work Students of Tripude College of Social Work, Nagpur, Group Hypnosis (04) – 18 Observers. 19 <sup>th</sup> October, 2005.   |
| 28. | M.A. Psychology Students of Agra College, Agra Individual Hypnosis – 21 Students, 27 <sup>th</sup> February 2006   |
| 29. | Students of Nursing, Jaipur Individual Hypnosis, 23 <sup>rd</sup> February 2006  |
| 30. | Advanced Diploma in Clinical Psychology, CCS University, Meerut. 2007.   |
| 31. | Workshop Participants at Hindustan College of Management, Agra 2007.   |
| 32. | MBBS Final Year Students, LLR Medical College, Meerut, Group Hypnosis, 1 August, 2007.   |
| 33. | Students of Nursing, Jaipur, August 2007   |
| 34. | Students of Nursing, GG Medical Institute, Agra, September 2007  |
| 35. | Faculty and Students of Psychology, Lucknow University, September 2007   |
| 36. | Nursing Undergraduates, M.M. College, Ambala, November 2007.   |
| 37. | Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar, Group Hypnosis-40 Students and 10 Faculty in Psychology, Sanskrit and Political Science, February 2007.   |
| 38. | Faculty and Students of Psychology. R.G.P.G.College, Meerut, December 2007.  |
| 39. | Volunteers at National Institute for the Mentally Handicapped (NIMH) Secunderabad/ Hyderabad. 2008   |
| 40. | Institute of Mental Health and Hospital, Agra 2008   |
| 41. | MCA Students of Hindustan College of Management and Computer Studies, Farah, Mathura, August 2008  |
| 42. | M.D. Psychiatry students and Faculty Institute of Mental Health SCB Medical College, Cuttack 3 February 2009.  |
| 43. | M.A. Psychology Students and Faculty Department of Psychology GM college Sambalpur University 29 January 2009  |
| 44. | M.A. Clinical Psychology Students, DevSanskritiViswavidyalaya (DSVV), Haridwar. 8 <sup>th</sup> August 2009  |
| 45. | MCA Students, Hindustan College of Management and Computer Studies, Farah, Mathura, Individual/Group Hypnosis Demonstration, TechFest 2010 Ozone Hub, Indian Institute of Technology (IIT), Powai, Mumbai 24 <sup>th</sup> January 2010. |
| 46. | Agra College, Agra 2010  |
| 47. | Institute of Company Secretaries, Agra 2010  |
| 48. | Psychology Students and Faculty, CCS University, Meerut 2010   |
| 49. | Psychology Students and Faculty, Department of Psychology, DJ College, Baraut , 2011   |
| 50. | Psychology Students and Faculty, M.G.KashiVidyapith, Varanasi April 2012   |

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| 51. | Psychology Students and Faculty, Department of Psychology, National PG College, Lucknow February 2014  |
| 52. | Psychology Students and Faculty, Department of Psychology, M.D. University, Rohtak March 2014  |
| 53. | Psychology Students and Faculty, Department of Psychology, Ismail PG College, Meerut March 2014  |
| 54. | Clinical Psychology and Psychiatry Faculty & Students, Mental Health Institute, SCB Medical College, Cuttack. 11 <sup>th</sup> September 2014. |
| 55. | In CRE on Neuro Biofeedback Therapy, Gautam Buddha University, Greater Noida. 5 March 2016.  |
| 56. | DGC Students of Regional Institute of Education, Bhopal 22 August 2016   |
| 57. | Digamber Jain College, Baraut 11 September 2016  |
| 58. | MS University, Baroda 11-12 October 2016   |
| 59. | National Workshop on Psycho-Yogic Therapies, Department of Psychology, CCS University, Meerut, 26 <sup>th</sup> March 2017                     |
| 60. | University of Jammu, 2017  |
| 61. | DAV College, Varanasi, 2018  |
| 62. | Centre of Health Psychology, University of Hyderabad, 2018   |
| 63. | Digamber Jain College, Baraut, 2018  |
| 64. | Department of Lifelong Learning, University of Rajasthan, Jaipur, 3 <sup>rd</sup> September 2018.  |
| 65. | Regional Institute of Education, Bhopal 16 September 2018.   |
| 66. | National Workshop, International Conference of Indian Academy of Health Psychology, 22 November 2018, Nashik                                   |

#### POPULAR LECTURES ON HYPNOSIS/PAST LIFE REGRESSION/REINCARNATION :

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| 1.  | "Past Life Therapy" at Theosophy Society, Agra, <b>2002</b>  |
| 2.  | "Past Life Regression" at Digamber Jain Temple, Kamla Nagar, Agra under the auspices of ParamPujya Sri 108 Gyan Sagar Jee Maharaj. <b>2002</b>   |
| 3.  | "Near Death Experiences". Theosophy Society, Agra, <b>2003</b> .   |
| 4.  | Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar. February 4-7, <b>2005</b> , 40 Participants including Faculty in Psychology and other Departments. Delivered lectures on: <b>Hypnosis, Past Life Regression and Reincarnation</b> |
| 5.  | "Past Life Regression: Two Case Studies" Theosophy Society, Agra 7 <sup>th</sup> July <b>2005</b>  |
| 6.  | Born Again, Theosophical Society, Agra, 13 <sup>th</sup> December <b>2007</b> .  |
| 7.  | Hypnosis Past Life Regression, ICSSR Workshop in Department of Applied Psychology, Purvanchal University, Jaunpur, 18-3- <b>2008</b> .   |
| 8.  | Reincarnation, Theosophical Society, May 1, <b>2008</b> .  |
| 9.  | Past Life Regression Therapy, All India Women's Conference, Agra Chapter, Ashish Palace, Agra, 21 <sup>st</sup> July <b>2008</b>   |
| 10. | Past Life Therapy M.D. Psychiatry students and Faculty Institute of Mental Health SCB Medical College, Cuttack 3 February <b>2009</b> .  |
| 11. | Hypnosis, TechFest, IIT Mumbai, <b>2010</b>  |
| 12. | Hypnosis, Agra College, Agra <b>2010</b>   |
| 13. | Past Life Regression, CCS University, Meerut <b>2010</b>   |
| 14. | Understand Your Suggestibility, Institute of Company Secretaries, Agra <b>2010</b>   |
| 15. | Hypnosis and Past Life Regression, DJ College, Baraut <b>2011</b>  |
| 16. | Recurrent Dreams, Theosophical Society, <b>2011</b>  |



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| 17. | Rotary Club Heritage, Bhubaneswar, 19 <sup>th</sup> September <b>2014</b>                   |
| 18. | Psychology of Fears. Theosophical Society, Agra 28 January <b>2016</b>                      |
| 19. | Projection of Consciousness, Theosophical Society, Agra 16, February <b>2017</b>            |
| 20. | Reincarnation & Past Life Regression, Rotary Club of Agra, 17 <sup>th</sup> May <b>2017</b> |
| 21. | Past Life Regression, University of Hyderabad, February 8, <b>2018</b>                      |

| <b>RESEARCH ID</b> |                |   |
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